

#### FRUIT TO SPARE = FOOD TO SHARE?

The Senior Gleaners will pick your fruit and donate it to local agencies that feed the hungry. If you have extra fruit to share with those less fortunate, contact us.

## **BENEFITS TO YOU:**

- Less work to pick and dispose of unwanted fruit.
- Improved health of your trees.
- A receipt showing the amount donated for tax deduction purposes.

Call: 619.633.9180 E-mail: SDGleaners@aol.com www.seniorgleanerssdco.org

The Senior Gleaners of San Diego County is a 25-year-old, certified 501(c)3 non-profit organization.



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# CAN YOU HELP US FEED THE HUNGRY?

Help us provide food at no charge for the neediest segments of our community.

We need MORE volunteers to:

•Glean from gardens, farms and stores.
•Transport food in their own vehicles or drive
Gleaner vans.

•Serve on the governing board.

#### TIPS FOR FRUIT DONORS:

- Contact us 2-3 weeks before you think your fruit may be ready.
- Near your scheduled picking date, confirm ripeness. Pick some fruit and sample it. This saves repeat pick visits.
- Bag all citrus tree trimmings and put into garbage going to the landfill rather than your green waste to help slow the spread of the Asian Citrus Psyllid.

## LIABILITY PROTECTION:

Donors are protected by the federal Good Samaritan Food Donation Act.

MAIL TAX-DEDUCTIBLE CHECKS TO SUPPORT OUR WORK TO: Senior Gleaners Treasurer Post Office Box 600521 San Diego CA 92160

LEARN ABOUT OTHER GLEANING GROUPS: Visit: www.sandiegogleaners.org

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